

Title of Thesis	A Study of the Impact of Part-Time Work on Students' Academic Performance among Young Adult in IBS College
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### **ABSTRACT**

More and more college students are holding jobs now in order to pay for college or to survive financially while in school. Hence there is much higher chance that a student with a job (or a worker who is schooling) will be more stressed than a student without a job because of the strenuous nature of the academic activities. Around 70% of their respondents reported that holding a job was a source of stress. It is however difficult for working students to quit their work for schooling, since that will eventually cut them off from their financial source used for their schooling, their upkeep and that of their dependents. In view of this, working students (those holding either part-time or full-time jobs) often feel overwhelmed or stressed because of the limited amount of time available to them to do all that is required of them as student. The four types of work stress comprise of social influence pressure, work-family conflict, work overload, and time pressure. Moreover, this study enhances the understanding of how casual part-time work stress affect students' academic performance and discusses some expectation of differences in students' mindset towards release the stresses.