

Title of Thesis	A Study On The Impact Of Inflation Towards The Lifestyle Of College Students In Miri
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ABSTRACT

This study aims to examine the impact of inflation on the lifestyle of college students in Miri. It is a study to identify important elements that impact college students' lifestyle due to inflation. The elements consist of four, which are cost of living, education cost, saving behavior, and the ways college students undertake to overcome the impact of inflation. The impact of inflation on the lifestyle of college students is determined by using a survey method whereby questionnaires were distributed to college students who were studying in Miri. The findings of this study show the evidence of the impact of inflation and to determine the most influencing dimensions in determining the overall impact of inflation on college students' lifestyle. The study revealed that most of the respondents agree that an increase in the cost of living and education cost has increased their parents' economic burden. Besides that, most of the respondents agree that inflation on the cost of living has increased their expenditure. The results also show that most of the respondents overcome inflation by buying secondhand books, working part-time jobs, and self-cooking at home. From the results, the researcher suggests several recommendations for implementation. The recommendation advises the government to devise more subsidies and parents should advise their children to study locally. Besides that, colleges are recommended to offer more attractive scholarships and make special offers of scholarships to those students with financial difficulties. Also, suggest parents to make planning earlier if they wish to send their children for further studies. Besides that, college students should be strict in their budgeting and prioritize their monthly expenses and also control their spending habits. Other than that, college students can choose jobs that pay higher wages or attractive benefits or they can start an online business at home instead. Besides that, college students can search for free notes or information through the internet and college students should cook according to the portion they want. Furthermore, future research can be conducted in different segment groups such as

young adult, household, older adults or others. It also can be based on the comparison study such as comparison of between cities, countries (developed and developing countries) or comparison between different income levels.