

Title of Thesis	A Study on Students' Attitude towards Sport Activities in IBS College
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Date of Submission	December 2018
Student Thesis Code	2018/DEC/UCSI/BABA/01

ABSTRACT

The purpose of this descriptive study is on order to investigate the students' attitude towards sport activities in IBS College. I have chosen are types of sport activities, expectation of college students, factors influencing the students' attitude, and improve the number of college students as the independent variable. A total of 60 questionnaires were distributed and all were returned and utilized for this study. Sample were selected randomly by using convenience sampling because of it convenient accessibility, fast and proximity in this study during the progress of observation of these factors. Data collected was analysed and used statistical data including frequency, average and percentage, and was presented in tables form. Based on data analysis, most of respondents were agreed that the types of sport activities were both indoor and outdoor sport activities. Sports can help students to be more physically active was the expectation of college students toward sport activities. Physical influence was the factors influencing student attitude towards sports activities. Hence, most of the respondents were agreed that the internal factors play the largest role in improving college student to participate in sports activities. Last but not least, different target of sampling, sample size and location might increase the accuracy and expectation result of the data analysis in order for further exploration or make improvements in this study.