

Title of Thesis	Factors Influencing Self-Discipline Among Ibs College Students
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ABSTRACT

Self-discipline is very important for students as well. The students will use self-discipline to achieve their goals and study. Self-discipline will help students have the power to overcome laziness. In other words, self-discipline will affect their attitudes. This research aims to identify factors influencing the self-discipline among the IBS College students. The researcher adopted quantitative research method and use of self-designed questionnaire for data collection. The results will be analyzed and collected by using statistic method.

The study indicated that provide hygiene environment to student's self-discipline. Besides, majority of students believe they are the self-discipline person. Also, the study revealed that goals setting influencing the self-discipline. Moreover, provide better benefits to the students can help to improve their self-discipline and helping in their goals and study.

For the recommendations, the students should practice more self-discipline in lifestyle. Also, the students should have good attitudes when focus on the goals and study. The students should set more achievable goals. The students will understand which are important and not important on their study.

In the future, the research could target to other college or university of students. The research also can be conducted in whole Malaysia. The research also can be conducted in the different

types of self-discipline. In addition, the future researcher can also conduct the research based on the comparison study of different races of students in cross-cultural study.