

Title of Thesis	A Study on the Smoking Behavior of IBS College Students in Miri
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ABSTRACT

This research is to investigate smoking behaviour among the college students in Miri Sarawak. Smoking will cause cancer and may lead us to death. Smoker's dramatically increases in the proportion and intensity of smoking occur after the age of 18 years. Smoking behaviour among young adults is distinct from both youth and senior adults, and warrants immediate attention from the public health community.

The research conducted using quantitative questionnaire and research methodology used is quantitative research. The questionnaire has total 5 sections and it include demographic such as gender, age, race, nationality, religion, marital status, educational level, occupation, income level, whereas section A,B, C, D, and E is all about to the 5 research questions. The questionnaires were distributed personally by the researcher to 50 respondents in IBS College students which involve in smoking behaviour. After get back all the questionnaires from the respondents, the researcher will proceed to the data analysis. The questionnaires can be considered as the primary data whereas secondary data is getting from the journal papers, relevant books, and internet.

This research is to study the smoking behaviour among students in IBS College Miri. The research objectives are to find out the smoking habit, how to manage their smoking behaviour. Questionnaires are distributed to randomly convenient IBS students in Miri and feedback by 50 respondents of the students.

Based on data analysis that received from the 50 respondents, the researcher of this thesis realizes that stop smoking is not a difficult task to achieve. All their need is just physically and

mentally well prepared. Also, the researcher found out that having family and friends support for them consider as very important key which can assist them to quit smoking.

Lastly, the future research on male and female preferences, religion, races and age in investment of property and further research to find out more result on young adults investment interest of property can be done on outside college students of Miri.