

Title of Thesis	A Study of the Impact of Covid-19 on Lifestyle Behaviour among Students in IBS College, Miri
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ABSTRACT

Decades of research have focused on the impact of covid-19 on lifestyle behaviours among students in IBS College, Miri on this pandemic time. However, little attention has been understand thru this research that most of the student in IBS College still going out to crowded area .However, I am conducting this research is to get them better understanding how serious is this Covid-19 has impact young generation lifestyle behaviours. The research methodology used was quantitative research. The collection data method is done by distributing questionnaires to respondents. The data from the research are collected and analyse using the simple statistic method.