

Title of Thesis	Study about Good Gym Service to the Students in Miri
Name	Arthur Tingang Alfred
Program	BBA (Hons) International Business (In collaborations with Twintech International University College of Technology, Kuala Lumpur)
Date of Submission	August 2021
Student Thesis Code	2021/AUG/TIUCT/BBAIB/02

### **ABSTRACT**

The goal of conducting my research is to study good gym services to the college students in Miri. However, I have yet to understand the current health consideration and student's preference with regards to the services provided by the various gym in Miri. Therefore, this research that I am conducting is to help determine whether students in Miri are taking steps to develop healthy lifestyle and taking into consideration that gym services helps them to live a healthy life. The research methodology used was quantitative research. The collection data method is done by distributing questionnaires to respondents. The data from the research are collected and analyse using the simple statistic method.